

2019 All WNY Cross Country Team

Boys

Coach of the Year – Walt McLaughlin (East Aurora)

Runner of the Year – Vinny Pagliaccio (West Seneca East) (12)

Senior – Evan Hilbert (St. Joe's)

Junior – Joshua Peron (Frontier)

Sophomore – Kyle Urban (Alden) and Brody Jones (Pioneer/Holland)

Freshman – Thomas Reid (Lancaster)

8th grader – Roan Kelly (Randolph)

7th Grader – Evan Bozer (North Tonawanda)

First Team

- Jerad Hediger (Pioneer/Holland) (12)
- Evan Hilbert (St. Joe's) (12)
- Alex Hillyard (East Aurora) (12)
- Brody Jones (Pioneer/Holland) (10)
- Ronan McDonald (Randolph) (12)
- Kyle Urban (Alden) (10)
- Owen White (Lockport) (12)

Second Team

- Lucas Beyer (Canisius) (12)
- Nicholas Ebling (East Aurora) (12)
- Jared Hecht (Springville) (12)
- Jack Lenz (Amherst) (11)
- Justin Pavan (Lewiston-Porter) (11)
- Joshua Peron (Frontier) (11)
- Brett Russell (Springville) (12)

Honorable Mention

- Bryce Baglia (Falconer) (12)
- Cameron Eastland (Alden) (12)
- Brian Gleason (Frontier) (12)
- Dean Godios (Depew) (12)
- Jack Heraty (Orchard Park) (12)
- Evan Owens (East Aurora) (10)
- Ely Personius (Amherst) (12)
- Collin Rice (Lancaster) (12)
- Zach Winnicki (Lancaster) (10)
- Thomas Wlodarczyk (East Aurora) (12)

2019 All WNY Cross Country Team

Girls

Coach of the Year – Walt McLaughlin (East Aurora)

Runner of the Year – Megan McLaughlin (East Aurora) (10)

Senior – Karis Ertel (East Aurora)

Junior – Sydney Nowicki (Lockport)

Sophomore – Mallory Grubb (Amherst)

Freshman – Angelina Napoleon (Allegany-Limestone)

8th grader – Noel Barlette (Orchard Park)

7th grader – Emilia O’Leary (East Aurora)

First Team

- Emily Brown (Fredonia/Westfield) (12)
- Ava Crist (Maple Grove) (11)
- Karis Ertel (East Aurora) (12)
- Mallory Grubb (Amherst) (10)
- Sydney Nowicki (Lockport) (11)
- Kayla Schmidt (Williamsville South) (11)
- Lauren Wagner (Akron) (10)

Second Team

- Holly Arrison (Nichols) (11)
- Geneva Green (East Aurora) (11)
- Sonya Krezmien (Springville) (12)
- Angelina Napoleon (Allegany-Limestone) (9)
- Emilia O’Leary (East Aurora) (7)
- Christina Peppy (Maple Grove) (11)
- Marisa Swiatek (Williamsville East) (10)

Honorable Mention

- Acacia Barber (Frewsburg) (11)
- Noel Barlette (Orchard Park) (8)
- Kylie Bowman (Newfane) (8)
- Abby Brunenavs (Maple Grove) (10)
- Marcy Colca (Williamsville North) (11)
- Gabriela Siren (Nichols) (10)
- Maggie McLaughlin (East Aurora) (12)
- Sarah Mruk (West Seneca West) (12)
- Kylie Odell (CSP) (12)
- Anna Rickard (Royalton-Hartland) (12)

Buffalo Public School Cross Country All Stars

Boys

First Team

- 1 Abel Abreha Lafayette 11
- 2 Abdi Muktar Research Lab
- 3 Jeronimo Silva City Honors 10
- 4 Andrew Core Hutch-Tech 10
- 5 Paul Elango East 15:16.0 12
- 6 Ar-Rod Tausif Olmsted 11
- 7 Benjamin Weinnmann City Honors 11

Second Team

- 8 Daniel Abramson City Honors 9
- 9 Martin Espinal Hutch-Tech 11
- 10 Amen Alarefi Hutch-Tech 12
- 11 Alex Glynn Olmsted 8
- 12 10 Zaevieair Haefner-Melson I-Prep 12
- 13 Koran Askia McKinley 11
- 14 Saw Moo Hutch-Tech 12

Girls

First Team

- 1 Amarionna McMillian Hutch-Tech 11
- 2 Madison Michels Hutch-Tech 10
- 3 Dion Watson Hutch-Tech 12
- 4 Meena Rose Olmsted 10
- 5 Francis Wisz City Honors 12
- 6 Mariah Colon Hutch-Tech 10
- 7 Alaynah Bisiorek Hutch-Tech 12

Second Team

- 8 Gabrielle Gaines Hutch-Tech 9
- 9 Emily Sholie City Honors
- 10 Jamieth Guzman-Oliveieri Olmsted 10
- 11 Safia Seysay Olmsted 12
- 12 Jazell Manuel DaVinci 9
- 13 Victoria Savage Olmsted 7
- 14 Kaleeyse Pinder Hutch-Tech 10

2019 CCAA Cross Country All Stars

Small Schools

CCAA RUNNERS OF THE YEAR – SMALL SCHOOLS

Boys – Ronan McDonald, Randolph, 12
Girls – Ava Crist, Maple Grove, 11

FIRST TEAM

Boys

- Peter Auer, Maple Grove, 12
- Riley Auer, Maple Grove, 12
- Lukas Baer Maple Grove, 10
- Christian Cook, Gowanda, 12
- Darius Jones, Maple Grove, 12
- Drew Keleman, Maple Grove, 11
- Josh Walters, Randolph, 12

Girls

- Acacia Barber, Frewsburg, 11
- Abby Brunenays, Maple Grove, 10
- Juliana Flick, Silver Creek/Forestville, 11
- Kylee Odell, Clymer/Sherman/Panama, 12
- Christina Peppy, Maple Grove, 11
- Elisabeth Root, Randolph, 11
- Hannah Schauman, Clymer/Sherman/Panama, 9

SECOND TEAM

Boys

- Nick Brunenavs, Maple Grove, 12
- Alex Crist, Maple Grove, 8
- Toby Gifford, Frewsburg, 10
- Cayden Hatch, Franklinville/Ellicottville, 10
- Roan Kelly, Randolph, 8
- John Ondus, Gowanda, 9
- Tavi Riling, Franklinville/Ellicottville, 11

Girls

- Kayla Forthman, Gowanda, 11
- Haley Odell, Clymer/Sherman/Panama, 8
- Tori Pavlock, Maple Grove, 11
- Tayden Persons, Clymer/Sherman/Panama, 8
- Sydney Smith, Randolph, 10
- Hannah Tarbrake, Maple Grove, 10
- Melanie Wilson, Silver Creek/Forestville, 9

2019 CCAA Cross Country All Stars Small Schools – cont'd

HONORABLE MENTION

Boys

- Noah Collins, Frewsburg, 9
- Liam Conroy, Franklinville/Ellicottville, 10
- Dylon Harbison, Gowanda, 10
- Jack Harding, Clymer/Sherman/Panama, 10
- Cole Herman, Gowanda, 9
- Tyler McPherson, Maple Grove, 12
- Gabe Rhodes, Silver Creek/Forestville, 10
- Drew Schull, Gowanda, 9
- A.J. Shortz, Franklinville/Ellicottville, 10
- Owen White, Clymer/Sherman/Panama, 10

Girls

- Allison Bohall, Maple Grove, 8
- Mackenzie Gratto, Clymer/Sherman/Panama, 11
- Tarryn Herman, Franklinville/Ellicottville, 10
- Daisy League, Silver Creek/Forestville, 10
- Carling Lockwood, Maple Grove, 11
- Emily Mills, Clymer/Sherman/Panama, 12
- Aurora Odines, Clymer/Sherman/Panama, 11
- Emma Romanik, Silver Creek/Forestville, 11
- Leighanne Swan, Clymer/Sherman/Panama, 9

2019 CCAA Cross Country All Stars

Large Schools

CCAA RUNNERS OF THE YEAR – LARGE SCHOOLS

Bryce Baglia, Falconer/Cassadaga, 12
Emily Brown, Fredonia, 12

FIRST TEAM

Boys

- Jacob Brink, Allegany/Limestone, 10
- Dagon Bryant, Southwestern, 12
- Drew Carlson, Jamestown, 11
- Joe Krezer, Falconer/Cassadaga, 10
- Raven Sample, Falconer/Cassadaga, 12
- Eddie Scroxton, Southwestern, 12
- Trenton Shutters, Southwestern, 10

Girls

- Tabitha Clark, Falconer/Cassadaga, 11
- Siera Jacques, Dunkirk, 9
- Savannah Lashbrook, Fredonia, 12
- Mikaela LeBaron, Falconer/Cassadaga, 11
- Marie Lemay, Falconer/Cassadaga, 11
- Angelina Napoleon, Allegany/Limestone, 9
- Jericha Petrella, Dunkirk, 12

SECOND TEAM

Boys

- John Brockelbank, Falconer/Cassadaga, 11
- Chase Deponceau, Jamestown, 11
- Brady Fye, Southwestern, 12
- Nate Lewis, Southwestern, 9
- Carter McKotch, Southwestern, 11
- Joey Pillittieri, Falconer/Cassadaga, 11
- Ryan Wisniewski, Allegany/Limestone, 11

Girls

- Ashlynn Ambrose, Fredonia, 10
- Sarah Eider, Falconer/Cassadaga, 10
- McKenzie Haskins, Falconer/Cassadaga, 12
- Julia LeBarron, Fredonia, 9
- Lily Nelson, Southwestern, 11
- Alyssa Studley, Allegany/Limestone, 10
- Gabrielle Wigren, Southwestern, 10

2019 CCAA Cross Country All Stars Large Schools – cont'd

HONORABLE MENTION

Boys

- Chris Annear, Fredonia, 12
- Benjamin Besok, Allegany/Limestone, 12
- Griffin Bogdanowicz, Southwestern, 9
- Daniel Casey, Allegany/Limestone, 10
- Wyatt Harrington, Falconer/Cassadaga, 10
- Donald Higgs, Allegany/Limestone, 10
- Jaden Kinnear, Southwestern, 11
- Ethan Luce, Southwestern, 10
- Alex Redeve, Allegany/Limestone, 9
- Jackson Vanstrom, Southwestern, 12

Girls

Yuribeth Castro, Dunkirk, 12
Siena DeAngelo, Jamestown, 10
Madelyn Hoffman, Olean, 12
Lindsey Kolb, Allegany/Limestone, 9
Holly Lehere, Southwestern, 11
Kinsey, McAfee, Allegany/Limestone, 10
Daisy Meyer, Jamestown, 9
Nya Robbins, Olean, 10
Madeline Straub, Allegany/Limestone, 10
Clara Todd, Southwestern, 11

2019 CCAA Cross Country Sportsmanship Awards

GIRLS

Team – Falconer/ Cassadaga
Allegany/Limestone— Violet VanGuilder
Cattaraugus/Little Valley —Averu Boyles
Dunkirk—Gabby Hart
Falconer/CV—MacKenzie Haskins
Franklinville/Ellicottville — Sydney Towne
Fredonia— Savannah Lashbrook
Frewsburg—Acacia Barber
Gowanda —Emagin Warrior
Jamestown— Sophie Schweiger
Maple Grove —Hannah Tarbrake
Olean —Maddie Hoffman
Randolph —Elizabeth Root
Clymer/Sherman/Panama—Becky Sullivan
Silver Creek —Emma Romanik
Southwestern—Quinn Taylor

BOYS

Team - Falconer/ Cassadaga Boys
Allegany/Limestone—Kevin Voegelin
Cattaraugus/Little Valley —Louis Seward
Dunkirk - no name submitted
Falconer/CV—Bryce Baglia
Franklinville/Ellicottville—Tavi Rilong
Fredonia- Avery Willebrant
Frewsburg— Emmett
Gowanda—Rowan Mentley-Peters
Jamestown—Nolan Scoma
Maple Grove —Riley Aver
Olean – no name submitted
Randolph —Roan Kelly
Clymer/Sherman/Panama —Jack Harding .
Silver Creek —Ryan Borrello
Southwestern—Brady Fye

2019 E.C.I.C. ALL-STARS

BOYS

DIVISION I – FIRST TEAM

1. Zach Winnicki (10) - Lancaster
2. Christopher Bertola (11) – Orchard Park
3. Brian Gleason (12) – Frontier
4. Jack Heraty (11) – Orchard Park
5. Collin Rice (12) – Lancaster
6. Walid Bibi (12) - Clarence
7. Joshua Peron (11) – Frontier

DIVISION II – FIRST TEAM

1. Brody Jones (10) – Pioneer/Holland
2. Jared Hediger (11) – Pioneer/Holland
3. Trent Wesley (12) – Pioneer/Holland
4. Owen Lewis (12) Williamsville East
5. Cody Scholl (11) – Pioneer/Holland
6. Ryan Steiner (10) - Hamburg
7. Bryce Schoepflin (11) – Pioneer/Holland

DIVISION I - SECOND TEAM

8. Ryan Elibol (10) – Clarence
9. Connor O’Brien (12) - Frontier
10. Will Reid (10) – Clarence
11. Ryan Rajapakse (11) – Clarence
12. Thomas Reid (9) – Lancaster
13. Elijah Vitorino (10) – Williamsville North
14. Evan Larkman (11) – West Seneca West

DIVISION II - SECOND TEAM

8. Grady Regan (12) – Pioneer/Holland
9. Allen Gilfond (11) – Williamsville East
10. William Carmen (0) – Williamsville South
11. Adam Mazur (11) – Sweet Home
12. Wiley Moslow (12) – Williamsville South
13. Nate Linton (12) – Hamburg
14. Andrew Hvisdak (12) – Hambur

DIVISION III – FIRST TEAM

1. Vinny Pagliaccio (12) – West Seneca East
2. Thomas Wlodarczyk (12) – East Aurora
3. Jack Lenz (11) – Amherst
4. Ely Personius (12) – Amherst
5. Alex Hillyard (12) – East Aurora
6. Evan Castlevetere (10) - Iroquois
7. Hunter Jerek (11) – West Seneca East

DIVISION IV – FIRST TEAM

1. Kyle Urban (10) - Alden
2. Brett Russell (12) - Springville
3. Jared Hecht (12) - Springville
4. Cameron Eastland (12) - Alden
5. Dean Godios (12) - Depew
6. Zachary Peterman (12) - Springville
7. Matt Sentz (11) – Alden

DIVISION III - SECOND TEAM

8. Sean McCartan (12) – West Seneca East
9. Evan Owens (10) – East Aurora
10. Jacob Sigeti (11) – East Aurora
11. Gavin McPherson (12) – East Aurora
12. Finnian Cosgrove (11) – East Aurora
13. Nate Adams (11) – Starpoint
14. Nolan Axford (10) – East Aurora

DIVISION IV - SECOND TEAM

8. Mark Stoldt (10) – Alden
9. Gavin Hill (12) - Eden
10. Mikey Evans (11) – Springville
11. Justin Sataneck (12) - Eden
12. Tyler Gemza (12) – Eden
13. Matt Cole (9) - Alden
14. Austin Yetter (10) - Springville

Coach of the Year - Mary Doud – Pioneer/Holland

2019 E.C.I.C. ALL-STARS

GIRLS

DIVISION I – FIRST TEAM

1. Maya Lasker (11) – Lancaster
2. Noel Barlette (8) – Orchard Park
3. Marin Bogulski (12) – Orchard Park
4. Marcy Colca (11) – Williamsville North
5. Sarah Mruk (12) – West Seneca West
6. Maggie Danzer (11) – Clarence
7. Olivia Ippolitto (11) – Orchard Park

DIVISION II – FIRST TEAM

1. Kayala Schmidt (11) – Williamsville South
2. Marisa Swiatek (10) – Williamsville East
3. Kevina Drennan (9) – Pioneer/Holland
4. Bella Ascone (8) – Williamsville East
5. Brigid McGee (12) - Hamburg
6. Maddy Beresr (10) – Hamburg
7. Grace Tanski (8) – Hamburg

DIVISION I - SECOND TEAM

8. Emma Eisenhauer (10) – Orchard Park
9. Madison Mariani (12) – West Seneca West
10. Emile McGough (11) – Frontier
11. Allison Blake (9) – Orchard Park
12. Lily Wolfley (9) - Clarence
13. Hannah Wierer (9) – Orchard Park
14. Kyla Eisman (10) – Lancaster

DIVISION II - SECOND TEAM

8. Zoe Tyson (11) – Sweet Home
9. Aurora Smith (9) – Hamburg
10. Ella Herman (9) – Hamburg
11. Lauren McGee (12) - Hamburg
12. Jessica Carter – (12) – Sweet Home
13. Sarah Phillip (10) – Williamsville South
14. Danuta Kurtyko (12) – Sweet Home

DIVISION III – FIRST TEAM

1. Megan McLaughlin (10) – East Aurora
2. Karis Ertel (12) – East Aurora
3. Mallory Grubb (10) – Amherst
4. Maggie McLaughlin (12) – East Aurora
5. Geneva Green (11) – East Aurora
6. Emelia OLeary (7) – East Aurora
7. Nicole Kuehner (10) – Iroquois

DIVISION IV – FIRST TEAM

1. Sonya Krezmien – (12) - Springville
2. Hannah Goetz (10) - Springville
3. Brooke Woodard (11) - Eden
4. Mya Schrecengost (9) - Eden
5. McKenzie Gaffney (12) – Alden
6. Autumn Wielgasz (7) - Eden
7. Katherine Sentz (11) - Alden

DIVISION III - SECOND TEAM

8. Hailey Kliszak (10) – Lake Shore
9. Samantha Hulme (9) – East Aurora
10. Mina Graney (9) – West Seneca East
11. Emma Grzebinski (12) – West Seneca East
12. Celia Cocca (110) – East Aurora
13. Suerra Danieu (11) – Lake Shore
14. Anya Fink (12) – Starpoint

DIVISION IV - SECOND TEAM

8. Lexie Hillman (10) - Alden
9. Brooke Dehn (10) - Depew
10. Evelyn Smith (12) - Springville
11. Kaitlin Whalen (10) - Depew
12. Kayla Palczewski (11) - Eden
13. Addisyn Smaczniak (9) - Depew
14. Tessa <=Meiler (12) - Alden

Coach of the Year - Walt McLaughlin – East Aurora

2019 MONSIGNOR MARTIN ALL-CATHOLIC XC

All Catholic Girls

First Team

1. Gabby Siren	10	Nichols
2. M K Hartigan	10	Nardin Academy
3. Holly Arrison	11	Nichols
4. Heidi Khuu	10	Nardin Academy
5. Brigid Christ	11	Sacred Heart
6. Clare Cryan	12	Nardin Academy
7. Isabella Rajewski	10	Sacred Heart

Second Team

8. Ella Dileo	12	Nardin Academy
9. Margaret Cryan	12	Nardin Academy
10. Lainie Smith	11	Sacred Heart
11. Quinn Benchley	9	Nichols
12. Morgan Giancaterino	10	Sacred Heart
13. Maeve Weimer	9	Nardin Academy
14. Paige Mcgorry	9	Sacred Heart

All Catholic Boys

First Team

1. Evan Hilbert	(12)	St. Joe's
2. Lucas Beyer	(12)	Canisius
3. Henry Smith	(11)	Cardinal O'hara
4. Noah Rockensuess	(11)	Canisius
5. Alex Aubrecht	(11)	Nichols
6. Ethan Beck	(11)	Canisius
7. Zach Brydalski	(12)	St. Francis

Second Team

8. Ian Klenk	(12)	St. Joe's
9. Matt Villardo	(11)	St. Francis
10. Dmitrius Naudzuns	(11)	St. Francis
11. Elijah Lavarney	(12)	St. Mary's Lancaster
12. Gavin Sheehan	(12)	Canisius
13. Alex Sinatra	(12)	St. Joe's
14. Eli Noecker	(9)	Canisius

2019 Niagara Frontier League XC ALL STARS

GIRLS

First Team

1	Sydney Nowicki	Lockport	11
2	Riley Joseph	Grand Island	10
3	Faith Caldwell	Grand Island	10
4	Alexandra Jensen	Grand Island	8
5	Victoria Achtziger-Hughes	Niagara Wheatfield	12
6	Hayley Pizur	Grand Island	10
7	Maddie Frank	Kenmore West	8

Second Team

1	Molly Chiarella	Niagara Falls	12
2	Maddie Fox	Kenmore East	12
3	Lily Holden	Kenmore West	11
4	Emma Cain	Lockport	11
5	Katie Strobel	Lockport	12
6	Elaine Raglow-Defranco	Niagara Wheatfield	9
7	Rayna Wallens	Grand Island	10

Third Team

1	Sarah Pawlow	Niagara Wheatfield	11
2	Charlotte Boal	Kenmore West	11
3	Karleigh Zack	Kenmore West	12
4	Alexis Bissell	Niagara Wheatfield	8
5	Maddy Flory	Grand Island	9
6	Amanda Snowberger	Niagara Wheatfield	9
7	Charlotte Garber	Niagara Falls	10

2019 Niagara Frontier League XC ALL STARS

BOYS

First Team

1	Owen White	Lockport	12
2	Justin Pavan	Lewiston Porter	11
3	Kenny Currie	Lockport	10
4	Jackson Doran	Lockport	11
5	Cole Accetta	Lewiston Porter	12
6	Justice Ramsey	Kenmore East	11
7	Benjamin Wisto	Lewiston Porter	12

Second Team

1	Lucas Powley	Lockport	12
2	Patrick Klinger	Niagara Falls	11
3	Joshua Wisto	Lewiston Porter	11
4	Chris Coupal	Kenmore West	11
5	Gabe Christopher	Northtonawanda	10
6	Jesse Nowicki	Lockport	10
7	William Carrier	Niagara Falls	12

Third Team

1	Aaron Mendez	Kenmore West	12
2	Dominic Stanz	Kenmore West	11
3	Connor Tribby	Grand Island	11
4	Joshua Ferraro	Lockport	12
5	Cameron Gardner	Niagara Falls	12
6	Ian Johnson	Niagara Wheatfield	11
7	Aiden Tribbetts	Niagara Wheatfield	12

2019 Niagara Orleans Cross Country All Stars

BOYS

First Team

1. Nathan Moran	(12)	Newfane
2. Nick Baes	(11)	Newfane
3. Ozzy Moore	(12)	Royalton Hartland
4. Peter Dilorenzo	(12)	Barker
5. Alan Lingle	(12)	Newfane
6. Conner Cuzzacrea	(10)	Newfane
7. Andrew Cuzzacrea	(10)	Newfane

Second Team

8. Austin Burkard	(10)	Newfane
9. Jonathan Moote	(12)	Wilson
10. Jayden Reynolds	(11)	Newfane
11. Zachary Sanford	(12)	Akron
12. Gannon Gibson	(10)	Newfane
13. Jay Heideman	(10)	Royalton Hartland
14. Nicholas Guevara	(11)	Barker

GIRLS

First Team

1. Lauren Wagner	(10)	Akron
2. Kylie Bowman	(08)	Newfane
3. Catalena Ersing	(09)	Newfane
4. Anna Rickard	(12)	Royalton Hartland
5. Alanna Holman	(11)	Albion
6. Vanessa Burkard	(12)	Newfane
7. Lydia Chunco	(12)	Newfane

Second Team

8. Shelby Nerber	(10)	Newfane
9. Leah Siegmann	(10)	Newfane
10. Kaila Szczygielski	(10)	Akron
11. Lucy Ingro	(09)	Newfane
12. Lydia Samson	(09)	Barker
13. Haleigh Mason	(12)	Barker
14. Kayla Murray	(10)	Akron